

DECLARATION OF SPIRITUAL IN-DEPENDENCE

I declare my freedom from dependence on any person, place, or thing.

I declare myself In-Dependence to my Higher Power: The Source, Strength, Destiny, and guidance for my life.

I unconditionally accept myself exactly as I am and allow myself to fully recognize my self-defeating ways. As I forgive myself and others, I free myself to make new choices for greater freedom, moment by moment.

I free myself from all blame of others for my current situations, knowing myself to be a co-creator with God.

Day by day, I discover spiritual freedom through the commitment to the practice of:

- 1) Living fully in the present moment.
- 2) Standing in and expressing the highest truth I know.
- 3) Demonstrating the Light of pure Loving through all my thoughts, words and deeds.

In and through the power of The Source, The One Presence, I declare and accept my freedom to experience and express my divine Self.

Signed: _____

Date: _____